# Mentoring Support



Wave 3 (August 17 – October 17, 2021)



To share. To learn. To impact lives



#### AIM Mentorship Project Team



Aoife | Talent Management | HR



Ayesha | Talent Management | HR



Sze | Senior Engineer | Canon



Yen-Lu | Co-founder, AIM

#### **AGENDA**

- **♦** Welcome
- **♦** About AIM
- **♦** Getting to know each other
- **♦** About Mentoring
- **♦** Announcement of Mentor / Mentee Pairings
- **♦** AIM 21 Mentoring Process
- **♦** System Demonstration
- **♦** Q&A



## Our Purpose

To grow mentors and raise the quality of mentoring, expand the mentoring ecosystem while spreading the benefits of mentoring to impact millions of lives.



# 十年樹木。百年樹人 It takes 10 years to grow a tree 100 years to grow people



#### **Our Partners**



































RESEARCH AND KNOWLEDGE





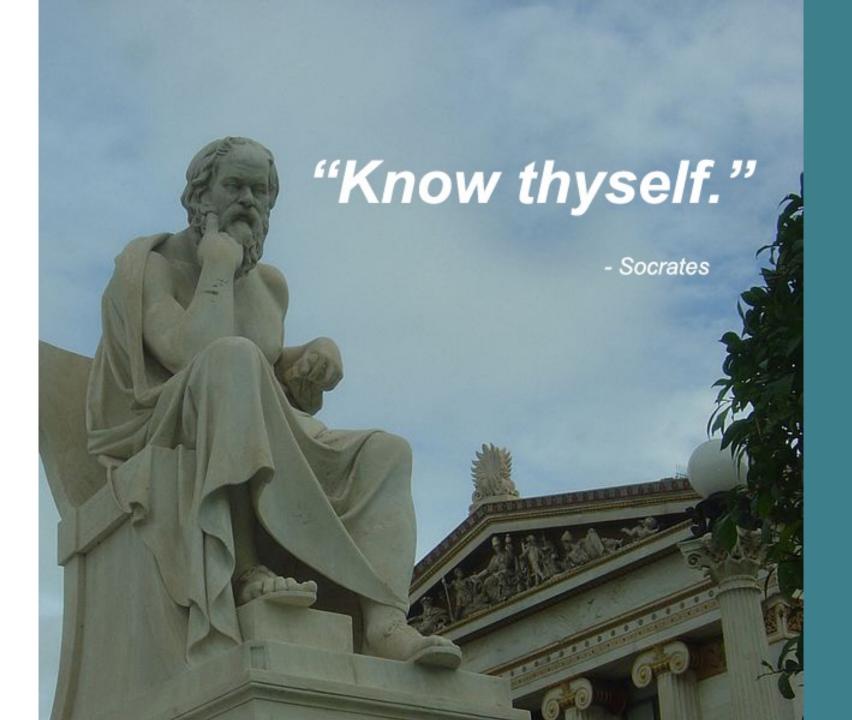


# Getting to Know Each other





To share. To learn. To impact lives











## "Great Mentors Focus on the Whole Person. Not Just Their Career"

... it's one of the beauties of mentoring and what differentiates it from coaching for skill-building or performance.

What does it mean to be a mentor? #SIMONSAYS

Harvard Business Review
Rick Woolworth
August 09, 2019

Simon Sinek
What does it mean to be a Mentor?
January 22, 2018

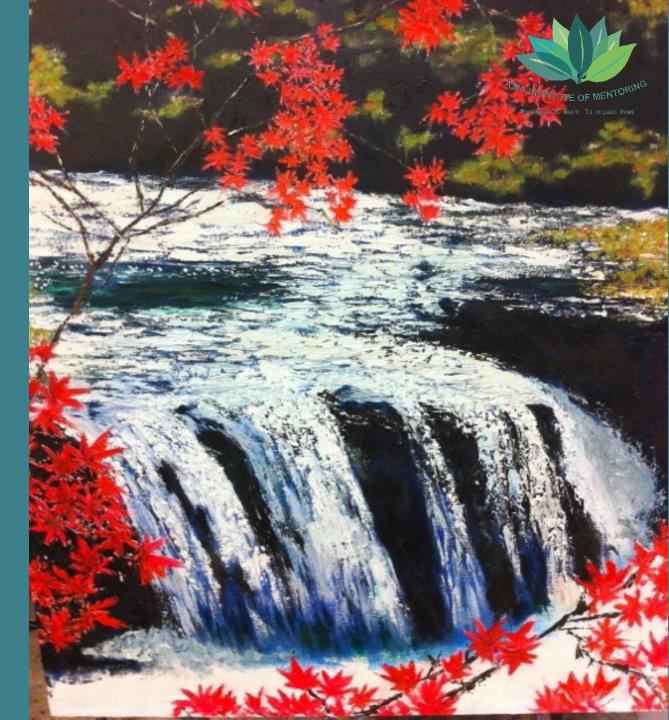
# Mentoring is a 2-way relationship

Both mentor and mentee can grow from the interaction

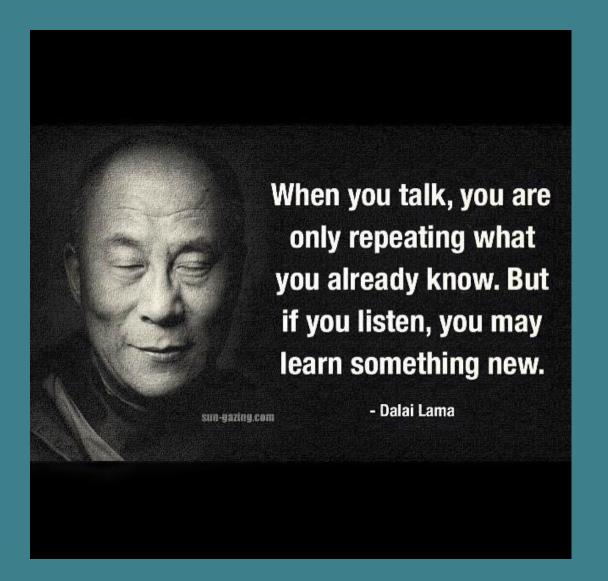




What is your level of Awareness?



#### Skills



#### **Active Listening**



√ Curious and interested in the other person

- √ Ask for clarification when necessary
- ✓ Being alert to what is being said and unsaid and aware of physical cues – language, posture, visual cues etc.

## **4**3

#### **Listening Tips**

- Make eye contact
- ✓ Stay Focused on Speaker
- Check what you heard
- Summarize your content
- □ Be aware of your Body Language

- Engage in "who said what"
- Only focus on the negatives
- Debate right or wrong
- Be defensive
- Create an improvement plan YET

#### Skills





#### Questioning

- ✓ Garbage in, garbage out answers we receive depend on the type of questions we ask
- ✓ Asking the right question is at the heart of effective communication
- ✓ Effective questions are powerful and thought provoking how well do we ask?

#### **Learning Questions**

**Create Awareness** 

**Change Perspective** 

**Challenge Assumptions** 

**Elicit Action** 



# Mutual Agreement and Understanding



# **Mentoring Partnerships**

Mentee	Mentor
Christine OHagan	<b>Christine Maynes</b>
Marylen	Deepali Jain
Anthony Tan Lee Ming	Kevin Kan
Cris	Christina Lu Maxwell
Divya	Rebecca Chan
Lisa Do	Juliana Lye
James Liu Zixin	Ryion Pun
Jane Foo	Lim Ai Leen
Mou Yan Qiao	Dr Moses Koh
Sandra Marujo	Juliana Rahmad
Joey Gan	Shanti Sharma
Susan	Janice See Mei San
Tay Jih-May	Jane Foo
Wayne	Matthieu Pere
Jnanee Krishnasamy	Anupma Tiwary
Joel	Tan Bakchai

# The AIM Mentoring Process

Define your Goals/Objectives

Update your Action Plan Take the Lead & Schedule a Meeting

**Create an Action Plan** 

Share your Goals with your Mentor

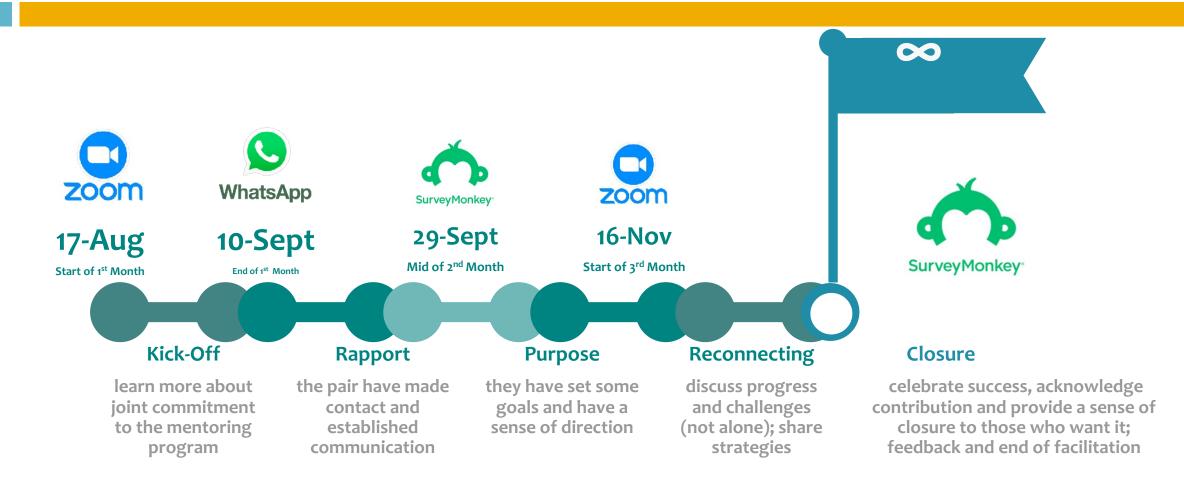
# The AIM Mentoring Journey



- ✓ Build a WORKING level of Trust with the Mentee
- ✓ Provide Broader and Alternative Perspectives to the Mentee 'Master Perspective'
- Encourage the Mentee to Develop Proactive, Positive Course of Actions
- Encourage the Mentee in Taking Action, and Receiving Feedback
- ✓ Guide the Mentee to see the Feedback from a Growth Mindset Perspective
- ✓ Encourage the Mentee to Grow
- ✓ Guide the Mentee to find Purpose
- ✓ Encourage/Inspire the Mentee to Help Others
- ✓ Use the AIM Mentoring Process



#### **Milestones Check-Ins**



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#### Demo

# Mentoring Engagement Tool



#### AIM WEBPAGE



Website Access Link

https://asiainstituteofmentoring.com/slides/mentoring-resources-25

## **Mentoring Resources**

